

Menus for APRIL

CENTRAL-ST.MARY'S-LINCOLN-
WASHINGTON & JH

This institution is an equal opportunity provider. Menus are subject to change.



Tuesday, April 2

Breakfast

Breakfast in a Bag
Milk

Lunch

Cheeseburger/Bun
Oven Potato's
Applesauce
Milk

Ketchup-Mustard

Wednesday April 3

Breakfast

Breakfast in a Bag
Milk

Lunch

Chicken Alfredo
Steamed Corn
Cheesy
Breadstick

Chilled Pears
Milk

Thursday, April 4

Breakfast

Breakfast in a Bag
Milk

Lunch

Italian Sub
Fresh Veggie Mix W/
Dip
Chips
Fruit Cup
Milk

Ketchup-Mayo-Mustard

Friday, April 5

Breakfast

Breakfast in a Bag
Milk

Lunch

Mac & Cheese
Fish Treasures
Baked Beans
Cranraisins
Milk

Ketchup

IF THE SHOE FITS . . .



The shoebill bird of Africa has one of the most appropriate names of any animal on earth! That giant beak is shaped just like a really big shoe! A shoebill will stand still in the water for hours before suddenly plunging its head into the water to catch fish up to a foot and a half long, as well as any other delicacies unlucky enough to wander into a shoebill's range.

"Shoebill"
by Bob Owen/
CC BY 2.0

APRIL FOOLS DAY?



SURELY YOU JEST!

Monday April 8

Breakfast

Breakfast in a Bag
Milk

Lunch

Sweet Baby Ray's
Bun
Potato's Wedges
Chilled Peaches
Ice Cream Cup
Milk

Tuesday, April 9

Breakfast

Breakfast in a Bag
Milk

Lunch

Soft Shell Taco
Fresh Romaine
Salad
Chilled Applesauce
Milk

Wednesday, April 10

Breakfast

Breakfast in a Bag
Milk

Lunch

Pasta W/Meat
Sauce
Garlic Bread
Green Beans
Chilled Pears
Milk

Thursday, April 11

Breakfast

Breakfast in a Bag
Milk

Lunch

Nacho's
Refried Beans W/
Cheese & Salsa
Mixed Fruit
Milk

TIME TO BLOSSOM.

The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!



Friday, April 12

Breakfast

Breakfast in a Bag
Milk

Lunch

Ham & Cheese Wrap
Sun Chips
Baby Carrots W/Dip
Strawberries
Milk
Ketchup-Mustard-
Mayo

Monday, April 15

Breakfast

Breakfast in a bag
Milk

Lunch

Spaghetti W/Meat
Sauce
Cheesy Breadstick
Green Beans
Fruit Cup
Milk

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

ANIMAL APPETITES

