

## Tuesday ,April 2

## **Breakfast**

Breakfast in a Bag Milk

Lunch
Cheeseburger/Bun
Oven Potato's

Applesauce Milk

Ketchup-Mustard

### Wednesday April 3

## **Breakfast**

Breakfast in a
Bag
Milk
Lunch

Chicken Alfredo Steamed Corn Cheesy Breadstick Chilled Pears

Milk

## Thursday, April 4

## **Breakfast**

Breakfast in a Bag Milk

## **Lunch**

Italian Sub Fresh Veggie Mix W/ Dip Chips Fruit Cup Milk

Ketchup-Mayo-Mustard

## Friday, April 5

## **Breakfast**

Breakfast in a
Bag
Milk
Lunch

Mac & Cheese Fish Treasures Baked Beans Cranraisins Milk

Ketchup

# IF THE SHOE FITS .

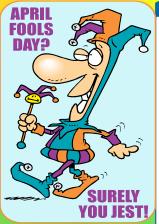
The shoebill bird of Africa has one of the most appropriate names of any animal on earth! That giant beak is shaped just like a really big shoe! A shoebill will stand still in the water for hours before suddenly plunging its head into the water to catch fish up to a foot and a half long, as well as any

other delicacies unlucky

enough to wander into a

shoebill's range.

Bob Owen



## **Monday April 8**

## **Breakfast**

Breakfast in a Bag Milk

# <u>Lunch</u>

Sweet Baby Ray's Bun Potato's Wedges Chilled Peaches Ice Cream Cup Milk

## Tuesday, April 9

## **Breakfast**

Breakfast in a Bag Milk

#### <u>Lunch</u>

Soft Shell Taco Fresh Romaine Salad Chilled Applesauce Milk

## Wednesday, April 10

## **Breakfast**

Breakfast in a Bag

## Milk **Lunch**

Pasta W/Meat Sauce Garlic Bread Green Beans Chilled Pears Milk

## Thursday, April 11

## **Breakfast**

Breakfast in a Bag Milk

## Lunch

Nacho's
Refried Beans W/
Cheese & Salsa
Mixed Fruit
Milk

# TIME TO BLOSSOM.

The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!



WELLNESS IS A WAY OF LIFE!

# Friday, April 12

## **Breakfast**

Breakfast in a Bag Milk

## **Lunch**

Ham & Cheese Wrap Sun Chips Baby Carrots W/Dip Strawberries Milk Ketchup-Mustard-Mayo

## Monday, April 15

## **Breakfast**

Breakfast in a bag Milk

#### <u>Lunch</u>

Spaghetti W/Meat Sauce Cheesy Breadstick Green Beans Fruit Cup Milk